

Transforming Life 2

BIBLICAL COUNSELING SERVICES OF NASHVILLE

Week Eight: *Sexual Sin*

INTRO

This sin will destroy your relationship with God; destroy your _____; destroy your reputation; and ultimately, destroy your _____. Its objective is complete destruction and _____.

Unlike alcohol or drugs, this *secret* sin is unnoticeable and so leads to a _____.

But the Christian engaging in sexual sin will eventually be _____.

Numbers 32:23; Psalms 90:8

The Christian who conceals sexual sin can only hide it for so long. _____ will eventually expose your sin. (Luke 8:17; Heb. 4:13)

- Sexual sin never _____.

Jn. 4:7-19; Jer. 2:13

- Sexual sin is an unquenchable _____ that burns within. It smolders and _____ up.

Prov 27:20

1. Characteristics of a Sexual Captive

1. _____. It's always someone else's fault.

2. _____. Shifting blame on to someone else leads to ‘_____trips.’
- A. “You don’t give me what I _____.”
- B. “You never _____me.”
- C. “If only you would just _____.”
- D. “You don’t _____ me the way I need to be loved.”

Prov 6:12-14

3. _____. The sexual captive is often _____or brooding—ready to lash out at those close to him/her. This is a _____mechanism that keeps people who care at a distance.
4. _____~_____. This too is designed to keep people away. If a caring person knows that mentioning personal issues to a sexual captive could set them off, they will _____the subject all together.
5. _____. They _____that others know about their sexual sin.
6. _____; at God.

“You _____ me this way.”

“I_____, but You haven’t taken away the temptation/drive.”

“I can’t help my circumstances. I didn’t _____ for this.”

“I’ve told You ‘I _____ this,’ so why do You let me keep doing it?”

Jas. 1:13; Prov. 19:3

CLARIFICATION: Homosexuality, Adultery, Fornication, and Masturbation are not the *primary* issue – _____ is. Matt 5:27-28

Lust is not limited to sexual desire. It goes much deeper. It is an issue of the _____. Literally defined, lust is: 'to _____ for; to set the heart upon.'

Lust is the _____ act of capturing an object in the imagination for the purpose of _____-gratification.

The reason **Lust** is such a serious sin with God is because ongoing, intense, sinful lust is _____.

II. The Downward Spiral Into Sexual Degradation

Rom 1:21-22

1. Failure to _____ God

God must be the Master _____; the Primary _____ of your life.

Matt 22:36-37

2. An _____ Heart

1Thes 5:18

3. Sinful _____-Life

This is the mind set on sinful sexual _____.

Imaginations/speculations = 'the thinking of a man deliberating within himself.'

4. A _____ Heart

God turned off the_____.

Now sin that the sexual captive has willfully _____ and fed begins to exercise dominion over the person's life as the Lord slowly gives them over to their chosen _____ (Eph. 4:18)

The Wicked Exchange: Rom 1:24-25; Rom 6:12-13, 16

5. A _____ Mind

"*Depraved/reprobate*" = 'castaway; _____'

The sexual captive now _____ life differently. His worldview is _____, twisted, skewed, polluted, and deviated.

Rom 1:26-28: Eph. 4:19

CONCLUSION: Perceived inability to stop generates three self-justifying voices:

1. "I deserve this" (pride)
2. "I shouldn't have to suffer this" (self pity)
3. "I can't stop this" (defeatist)

III. The Way Up is the Way Out

1. Acknowledge the sin; _____ and seek forgiveness.

1 Jn. 1:9

2. Recognize that you have been " _____" and _____ both from the _____ and the _____ of these sins.

1 Cor 6:9-11

3. _____ temptation.

Gen. 39:12; 2 Tm. 2:22a, *Flee also youthful lusts*; 1 Cor. 6:18

4. _____ *Radical Amputation*.

Mt. 5:29-30; (also Heb. 12:1)

5. _____ righteousness.

2 Tm. 2:22b

6. Cultivate a _____ Heart

1 Thes. 5:18

7. Set _____.

Job 31:1

"I have made a covenant with my eyes; how then could I gaze at a virgin?"

Prov 4:25-27

8. Establish _____.

Ecc. 4:9-10 (also Prov. 27:17; Heb. 3:12; 1 Thes. 5:11)

9. Set a vigilant watch over your _____ ~ _____.

2 Cor. 10:5; Phil. 4:8

10. Remain immersed in the _____.

Jn. 8:31-36; Ps. 119:9, 11

11. Ongoing campaign to cultivate a deep, abiding _____ for God.

Mt. 22:37

12. Don't lose _____. Look to Him who is faithful. Find the way of _____.

1 Cor. 10:13; Ro. 8:37; 1 Cor. 15:57

Recommended Resources for Further Study:

- ❖ *At the Altar of Sexual Idolatry*; Steve Gallagher
- ❖ *Pure Freedom*; Mike Cleveland
- ❖ *The War Within*; Robert Daniels